

DNA Dynamic New Awakenings

Possibilities Newsletter

*Welcome to the Dynamic New Awakenings
(DNA) Newsletter!*

December 2000

*All of us at Possibilities wish you and all
your families a very wondrous and bright
holiday season.*

*With blessings and love,
Margaret, Annaliese, Steve & Vera*

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1. LETTER FROM MARGARET

Magic, Miracles and the Power of Belief

December brings the excitement of Christmas, Hanukah and the Winter Solstice. We have entered a time of great celebration. The myths of festivals are so deeply ingrained within us that we no longer ask why we do the traditional things, like why we decorate a fir tree at this time, or why we place green boughs and candles in our home. We take these traditions for granted as we plunge into the whirlwind of preparation.

No matter what the religion or the tradition; the message is the same. The message is of magic, miracles and the power of belief. When you look at the magic our holidays bring, they are all a promise of expectation, a miracle of new birth and new light. Each December, our sun shines for the shortest time of the year on the Winter Solstice. On that cold, winters day, it seems as though the sun has been banished. Just when you begin to feel as though all you have to look forward to is longer, grayer days, the sun appears at sunrise and spreads its light on the land, bringing the promise of warmth and life to come.

We are mirrors of the great universe we live in and the sun is our reminder we will shine longer and brighter each day.

When you look at our other holiday traditions, they are also reminders of the magic and promise of the light in the universe and within each of us. We bring a tree into our home in honor of new growth and the tradition of lighting candles in honor of the miracle of light. We exchange gifts to honor the gift we see in each other. These traditions fill us with gratitude and love, opening our hearts and filling our hearts with light.

The simplicity of this message of light has continued to ring through the ages.

You are a gifted healer and carry a light. It is through the power of your belief that your light will touch the light within others. The level at which you heal will depend solely on your belief in yourself as a healer.

What are your beliefs about yourself? How strong is your light? What is the intensity of your thoughts, feelings and emotions that shape your present reality? To become a healer, you must feel the reality of being a healer in your thoughts, feelings and body.

Thought is your guidance system. Thought is the image or idea that determines your emotion. Emotion is your driving power. You may choose either the emotion of love, or choose the emotion of fear. From this emotion comes desire. Desire is the force that drives your imagination. Feelings are your emotion and desire merged with imagination. Feeling is the key to your manifestations.

When you create a picture of yourself as a healer, there is one very important thing to remember. It is to create a "feeling" that your manifestation has already happened! Whatever it is, feel it as already done, feel it as complete and a reality. Your beliefs are your opportunity to choose which creation you will experience. The power of belief and imagination is the power of creation. The power of belief creates magic and miracles.

Have you ever wondered why God can hear so many languages? I have, and it is my belief that God doesn't hear in languages at all, but he hears in vibrations. Every "thought", "emotion" and "feeling" has a vibration, and it's how we communicate with God. You may spend hours "talking" with God, but what is heard is your vibration. If you send the vibrational feeling of love and light, that is what is heard and that is what God sends back to you. Like attracts like.

During this time of celebration, take one night for a ceremony to honor the light that you are and the light that that you are taking into the world. There are many ways to create this ceremony; light a candle; create a Yule log; hang lights on your house; or put a light in your window.

I honor the light within you. As you honor your own light in ceremony, my light will become more brilliant because of you. I send you great love and joy at this time of rebirth, magic and miracles.

Love,
Margaret

2. BRYAN RETURNS TO SANDPOINT

One Day Bryan de Flores Workshop

Saturday, March 10th

We are excited! Bryan de Flores has been given more new information on Transcension. He has learned how to work with the master codes of creation and the master cell. He will be coming to Sandpoint to share this information with you. He has offered this teaching one time only, as he will be in Australia and Europe for the rest of 2001. This is a great opportunity for a chance to work with him. He has limited the group size to 20 people, on first come, first serve basis. Mark your calendar for Saturday, March 10th. If you would like to attend, please call immediately to reserve your place. As a special treat, he will be bringing with him Alexis, an incredible energy worker from Australia. She will offer private sessions and share her knowledge on psychic surgery. Call or e-mail with your reservation.

3. CONSCIOUS WATER CRYSTALS

The Power of Prayer Made Visible

The brilliant work of Japans Masaru Emoto has been published in a gorgeous book called "The Messages of Water". His worldwide research on the effect of ideas, words, and music upon the molecules of water, are quite astounding.

If you still doubt the reality that our thoughts and feelings have a vibration that impact the world around you, viewing Emoto's work will erase this doubt forever. The evidence is clear that we really can heal ourselves, our clients and Mother Earth through intent, love, and the action of prayer. But one other ingredient is crucially important. That ingredient is belief.

The exciting research on thoughts and emotions can be seen on Drunvalos website Spirit of Maat:

<http://spiritofmaat.com/archive/aug1/consciouswater.html>

In his research, Masaru Emoto took a sample of water from the lake at Fujiwara Dam, in Japan. It was frozen and photographed. The water's structure is dark and amorphous, with no crystalline formations.

After the above water sample had been taken, the Reverend Kato Hoki, chief priest of the Jyuhouin Temple, made a one-hour prayer practice beside the dam. After that, new water samples were taken, frozen and photographed. The change was stunning -- the ugly blob of the former sample had become a clear, bright white hexagonal crystal-within-a-crystal. A third photo of water after the prayer treatment revealed a shape that had never been seen by Masaru Emoto in his over 10,000 water-sample experiments. It was a heptagon, or 7-sided crystal.

Different samples of distilled water showed different formations, but none were crystallized. Then the distilled water was treated by taping words or people's names to the bottles, playing music to them, or exposing them to floral essences. One interesting result was that there was a language difference. For example, "Thank you" in English evoked different crystal formations than the same sentiment in Japanese. Here are some other effects that Emoto claims to have found in his research:

- Water from clear mountain springs and streams have beautifully formed crystalline structures, while the crystals of polluted or stagnant water are deformed and distorted.
- Distilled water exposed to classical music takes delicate, symmetrical crystalline shapes.
- When the words "thank you" were taped to a bottle of distilled water, the frozen crystals had a similar shape to the crystals formed by water that had been exposed to Bach's "Goldberg Variations"
- When Elvis Presley's "Heartbreak Hotel" was played to water, the resulting frozen crystals were split in two.
- When water samples are bombarded with heavy metal music or labeled with negative words, or when negative thoughts and emotions are focused intentionally upon them, the water does not form crystals at all and displays chaotic, fragmented structures.

Interestingly, taping the words "You Fool" to a container of distilled water made a pattern almost identical to the pattern that emerged when heavy metal music was played! Emoto wondered if heavy metal musicians considered their listeners were fools!

Another instructive set of pictures showed the amazing difference between the crystalline patterns evoked by the words "Let's do it" and the patterns produced by "Do it!" The "Let's do it" crystals were like beautiful snowflakes. The "Do it!" water did not crystallize at all.

Sometimes, when we cannot see the immediate results of our words and prayers, we think that we have failed. But, as we learn through Masaru Emoto's amazing photographs, that thought of failure itself becomes represented in the physical objects that surround us. Now that we have seen this, perhaps we can begin to realize that, even when immediate results are invisible to the unaided human eye, they are there. When we love our own bodies, they respond. When we send our love to the Earth, she responds.

For those of you who do not have access to the web, the book may be purchased from:

Source Books & Sacred Spaces, P O Box 292231, Nashville, TN 37229-2231

Phone: (800) 637 5222 or (615) 773-7652 (CST)

Fax: (615) 773-7016

Email Address: sourcebk@ix.netcom.com

4. HOW TO TAKE YOUR PRACTICE TO THE NEXT LEVEL

I read an article recently which was based on the Dale Carnegie philosophy of "How to Win Friends & Influence People", but which could easily be interpreted for laying your foundation for personal and business success as an energetic practitioner.

To quote Dale Carnegie... "Owning your goals has a great Dynamic...the POWER to Change".

Set breakthrough goals that you want to see accomplished in the next 3 months, and speak in the present tense, as if these goals are already accomplished. Its not "I will be doing this... Instead, saying: "I am NOW doing this." (This is an echo of manifesting "See it, feel it, hear it, taste it, touch it. Use all your senses and feel it as already done.")

Then begin saying while you are accurately putting your system into place: "I Am, NOW, walking into the complete fulfillment of my vision. I see myself financially secure. I am prosperous in everything I set my hand to do. I submit myself to continue training and forwarding my expansion. I commit myself to sticking with my financial breakthrough plan. I continually look for ways to improve myself and my business."

(Name the number of clients you have, and the \$\$\$ amount you are making in the next 3 months, the next 6 months, the next year. Write it down. A positive affirmation based on practical commitment will get you there. You will be amazed at your progress.)

Use the S.M.A.R.T system to write your Breakthrough Goals.

S=Specific goals. You can't attain unless it is specific.

M=Measurable goals. How will you measure your progress?

A=Attainable goals. Be visionary but realistic.

R=Relevant goals. It has to be your goal, not someone else's.

T=Time-Phased goals. Establish daily, weekly, monthly, annual rhythms.

Here are the first 9 Principles of How to Win Friends & Influence People*:

(*This means your clients, your friends, and to you!)

1. Stop Criticizing, Complaining, and Condemning.
2. Give honest, sincere APPRECIATION.
3. Arouse in the other person an EAGER WANT.
4. Become genuinely INTERESTED in other people.
5. SMILE.
6. Remember a person's NAME is the sweetest & most important sound to them.
7. Be a good LISTENER. Encourage them to talk about themselves.
8. TALK in terms of the other person's interests.
9. Sincerely, make the other person feel IMPORTANT.

I apply these principles to my daily life, and I recognize that we are conscious energy – Spirit – disguised as individuals, each of us with a unique gift to take out into our world. People make up our business, and we make up our lives. Make it meaningful.

Blessings on your continuing success.

Vera

5. PROGRAMS & COURSES

ENERGY INTERFERENCE PATTERNING

The EIP course is offered over an intense four-day period and there will be one additional home-study day, to be completed at your own pace. Your DNA will be activated from two to twelve strands and you will learn how to activate others. The easy to learn EIP Process is a healing technique that transforms your emotional DNA back to its original blueprint and removes vibrational blocks in your physical and spiritual body. The course allows for hands-on practice and you will experience for yourself the exciting results of clearing core beliefs from your energy field, releasing them forever and allowing for expansion of physical and spiritual harmony.

The school is registered with the State of Idaho and you will earn certification as an Energetic Practitioner. The EIP technique gives you an easy way to work on yourself and also enables you to start your own alternative healing practice where you may offer your service to others. If you are already a practitioner in alternative and complimentary healing techniques, this is a life-changing seminar that will not only expand your current practice but will also teach you how to help yourself.

Energy Interference Patterning (EIP) Course Schedule

Jan 19-22, Fri-Mon (W. Vancouver, Canada)

(Followed by the Advanced DNA Course)

Feb 23-26, Fri-Mon (Minneapolis, Minnesota)

Mar 23-26, Fri-Mon (Santa Cruz, California)

May 4-7, Fri-Mon (Norwich, England)

(Followed by the Advanced DNA Course)

June, Fri-Mon (Spokane, Washington)

Please call or e-mail to register and to confirm dates.

DNA INTEGRATION AND RESTRUCTURING / ADVANCED

In this intensive 3 day course you will be given tools in the repair and replacement of many genes including the depression gene, fear gene, aging gene, anger gene, plus many, many, more.

You will learn Emotional and Physical Gene DNA processes for clearing allergies, diseases and removing viruses, including the cancer virus. Through repair and replacement of genes you will acquire the skills to bring into balance hormone levels of melatonin, serotonin, leptin and others. Individual conditions such as allergies and weight problems will also be addressed.

The course will assist you to recognize your gifts as a powerful healer and remove all doubts and fears that you can do this work. You will be awarded a Diploma on completion of the course.

Pre-requisite: Certification in EIP

DNA Integration and Restructuring/ Advanced Course Schedule

Jan 26-28, Fri-Mon (W. Vancouver, Canada)

Please let us know right away if you are planning to attend, as space is limited.

6. AUDITS

EIP AUDIT PROGRAM

Graduates of the Energy Interference Patterning course are welcome to audit any of our EIP classes. There is no charge to attend. The manual contents have been enhanced with significant additions. Updated manual inserts may be purchased for \$15, which covers our materials & handling costs.

ADVANCED DNA AUDIT PROGRAM

For Graduates of both the EIP course and the Advanced DNA course.

When you audit the Advanced DNA class, you will experience newly received material, refined presentations and updated techniques. There is no charge to attend. Updated manuals may be purchased for \$15, which covers our materials & handling costs.

ADVANCED DNA AUDIT - INTENSIVE

One-on-one 1/2 day with Margaret.

For graduates unable to audit the Advanced DNA 4-Day course, Margaret offers a special 1/2 day for anyone wishing to stay current with the continuous evolution of genetic work. She will teach you one-on-one how to work with specific diseases and the latest genetic processes. Please call for details and available dates.

7. PRIVATE INTENSIVES WITH MARGARET

Due to many requests asking us to accelerate the teaching of our healing techniques and also the limited time of the practitioners and clients interested in our programs, we have created a two-day teaching and a one-day healing intensive.

TWO DAY TEACHING INTENSIVE

One-on-one with Margaret teaching the EIP and Advanced DNA courses.

This program is designed to take the skills and income of health practitioners to a much higher level. The practitioner will be given manuals, remedies and intensified instruction on all the techniques taught at our EIP and Advanced DNA courses. It is designed to offer certification in EIP and Advanced DNA. We have had tremendous success with this program. Please call for details and available dates.

ONE DAY HEALING INTENSIVE

Private full-day healing session with Margaret.

This program includes EIP and Genetic processes to remove all lower vibrational blocks. It is an accelerated self-healing program to activate and transform your genetic codes. Designed to release many energy blocks including money, weight, relationships, life purpose, eyesight, allergies, illness, etc. The end result will be life changing with improved health and life vitality. Please call for details.

INDIVIDUAL SESSIONS

Margaret is available for private session's offering EIP and Genetic processes on an hourly basis. Please call for details.

8. CALENDAR

Energy Interference Patterning Course

- Jan 19-22, Fri-Mon (W. Vancouver, Canada)
- Feb 23-26, Fri-Mon (Minneapolis, Minnesota)
- Mar 23-26, Fri-Mon (Santa Cruz, California)
- May 4-7, Fri-Mon (Norwich, England)
- June 1-4, Fri-Mon (Spokane, Washington)

Advanced DNA Course

- Jan 26-28, Fri-Mon (W. Vancouver, Canada)

To sign up for any of the above, schedule a consultation, or if you have questions on our programs, call 208-265-1507 or send an Email to: possibilities@akamail.com

Bryan de Flores One Day "Transcension" Workshop
Saturday, March 10th

Talks

Margaret Ruby will be giving a 2-hour introductory talk at the following locations. This is an opportunity to invite your friends to meet Margaret, founder and teacher of the cutting-edge techniques taught at Possibilities Vocational School.

- W. Vancouver, Canada: Wed. Jan 17th, 7-9pm
- Bloomington, MN: Wed. Feb 21st, 7-9pm

9. Quote of the day

"The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart."

-- Helen Keller

MISCELLANEOUS

Our web site is taking shape. You will be the first to know when it is up and running :)

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Thanks for helping to spread this Light.

LEGAL STUFF

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